

GOLD Standards COPD Pharmacotherapy⁹

I: Mild FEV ₁ ≥ 80% pred	II: Moderate FEV ₁ 50-80% pred	III: Severe FEV ₁ 30-50% pred	IV: Very Severe FEV ₁ < 30% pred

Avoidance of risk factor(s); influenza vaccination

Add short-acting bronchodilator when needed: β_2 agonists

	<p>Add regular treatment with one or more long-acting bronchodilators: β_2 agonists and anticholinergics</p> <p>Add rehabilitation</p>
	<p>Add ICS for repeated exacerbations</p>
	<p>Add LTOT</p> <p>Surgical interventions</p>

Normal Values for Spirometry¹

<u>Parameter</u>	<u>Normal Value</u>
FEV₁/FVC (%) Detects Obstruction	70% - 80%
FEV₁ (L) Detects Severity	80% - 100%Pred
FVC (L)	80% - 100%Pred